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July 2023

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A TRIBUTE TO WOMEN IN BUSINESS

NORTH SUPERIOR PUBLISHING
THUNDER BAY BUSINESS



July Feature - A special feature highlighting and recognizing women in business within our community.

Ontario Investing in Infrastructure Improvements at Sleeping Giant Provincial Park

Replacement generator and trailer water station renewal will improve visitor experience and boost local tourism.

The Ontario government is investing more than \$1.7 million to build, maintain and revitalize infrastructure at Sleeping Giant Provincial Park, which will improve the visitor experience at the park and boost local tourism.

“This investment in the infrastructure at Sleeping Giant Provincial Park will enhance the Park’s tourism potential and help to provide an unforgettable experience for visitors,” said Kevin Holland, MPP for Thunder Bay-Atikokan. “Our commitment to improving Ontario’s parks demonstrates our dedication to preserving and showcasing the beauty of Ontario’s natural landscapes. Together we are building a stronger foundation for sustainable tourism in Northwestern Ontario and ensuring that Sleeping Giant Provincial Park remains a tourist destination for generations to come.”

This investment at Sleeping Giant Provincial Park to improve infrastructure supports the replacement of a backup generator and electrical systems as well as upgrades to the trailer sanitary dump and fill station renewal. “In 2022, Ontario Parks recorded more than 12.1 million visits and overnight camping grew by nine per cent over 2021, which goes to show the increasing demand for our beautiful provincial parks,” said



David Piccini, Minister of the Environment, Conservation and Parks. “Upgrading infrastructure is one of the ways we’re working to improve the visitor experience, so that they have a memorable and positive time while at our parks, returning with their friends and families for years to come.”

Ongoing investment in Ontario Parks infrastructure is another way the government is expanding recreational opportunities for Ontario families, boosting local tourism, and strengthening the protection and health of local wildlife and the envi-

ronment. This project is part of Ontario’s \$41.7 million investment over two years to upgrade and maintain Ontario Parks infrastructure to continue to ensure a modern and enjoyable parks experience.

Quick Facts • The Sleeping Giant Provincial Park boasts breathtaking views of Lake Superior from over 100 km of amazing hiking trails, especially from the top of the Giant Trail and Thunder Bay Lookout. Full-service cabins are available for rent year-round to enjoy activities such as, fishing, hiking, canoeing, boating, ice skating, swim-

ming, and many others. • Our world-class system of provincial parks is one of Ontario’s greatest strengths, providing health and recreational opportunities for residents and visitors alike for more than 125 years. • Every dollar spent at Ontario Parks, from annual passes to purchases from the online store, is re-invested into Ontario Parks, helping to create a better park experience for visitors, improve services, programs and amenities and protect 340 provincial parks and 295 conservation reserves across the province.





Ignace and region are set to grow. And it is growth that can last.

Canada’s plan to safely isolate used nuclear fuel in a deep geological repository will have long-lasting benefits for the host communities and surrounding region. If the Wabigoon Lake Ojibway Nation-Ignace area is selected to host the project, it will experience exciting population growth, plus:

- » Improved infrastructure and expanded community services;
- » Local, high-value job opportunities immediately and over years to come; and
- » A revitalized local and regional economy, including boosted tourism and recreation.



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**Publisher's
Note
Scott
Sumner**



Snow Birds Put On A Show!

Canada's famed Snowbirds were in Thunder Bay, June 3rd and 4th, to put on a show at the waterfront. I had the

"We have 11 Snowbird aircraft and 11 pilots, 17 technicians, 3 public affairs people, a truck driver and a material management technician that travel to each show" said Erik Temple. "We

pilot, meaning I am responsible for conduct of the display, to ensure the sterile air display area is all secure over the waterfront, over seeing the safe conduct of the display."

teamwork that is in the Armed Forces." said Erik.

This is the best job in the world said Erik who has been in the military for 18 years and joined when he was in high school.



opportunity to talk to Erik Temple, from Ottawa, who flies Number 10 Snowbird.

flew our show over the Waterfront the last two days at noon. I am the safety

The Snowbird jets are a source of pride for the team! The aircraft can do 412 knots or near 800 KM per hour and fly this speed at lower elevations, than say a commercial jet.

"It's a wonderful airplane, Canadian built and Canadian designed and an absolute joy to fly. It is fully aerobatic, designed as a trainer that the airforce used until the year 2000 when it was replaced by the Harbour 2. It is extremely forgiving and great for aerobatics as well as learning how to fly. Everyday is fun." smiles Erik.

Mondays the team can get a breather after working all weekend and being in a new city, sometimes two, in a week. Their plan this week is to play golf at Fort William CC.

"The Snowbirds represent not only the airforce but the army and the navy. Our primary role is to recruit people to the military. The Snowbirds can show some of the professionalism and



KEEP YOUR RECORDS UP TO DATE

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If you control a small to medium sized closely held private corporation and keep your corporate records up to date through annual minutes, declaration of dividends, waiver of audit requirements, and all required special resolutions, congratulations.

Unfortunately, at Weilers LLP, we are often retained by corporate clients to carry out a transaction only to discover that their minutes are years or sometimes even decades out of date.



Legal Matters

Whether a sale of the business, a loan, or other major transaction, the party on the other side often requires that the minute books be updated.

A full reconstruction going back years can be difficult, and therefore expensive. It may be particularly difficult or even impossible to locate former officers, directors and shareholders to sign documents. Sometimes we can use a set of verifying resolutions which retroactively approve prior events in the corporate life, but this is not always acceptable to other parties. And what if one shareholder officer or director refuses to sign the required documents? For instance, what if a son inherits shares in your corporation from your deceased "partner", who never requested audited statements, but also never signed the required annual waivers?

That may be a more difficult and even more expensive proposition. In one case, the controlling shareholder was

required to have auditors go back over a dozen years because the other shareholder would not waive the requirement.

Takeaways for you:

- If you want the benefits of incorporation, you must be prepared to bear the costs;
- Those costs really ought to include proper annual minutes, audit waivers and other required documents.
- You may try a "do it yourself" approach -we have a few sophisticated clients who manage this just fine- but the cost for the peace of mind in having your lawyer prepare the documents is small compared to what you can do with your focus on making money in your business.
- NOT keeping records

up to date may jeopardize a sale of the business or assets; or financing.

- The cost of recreating records retroactively, if that is even possible, is more than doing it right in the first place.
- It is never good business to end up in court over poor record keeping.

If you need advice about your specific situation, my colleagues at Weilers LLP would be pleased to speak with you. We know good business.

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**PRESIDENT
Scott A. Sumner**

**AD DESIGNER
Miranda van den Berg**

**ADVERTISING
INFORMATION
Sylvia Gomez:
(807) 629-7599**

**Office:
(807) 623-2348**

Thunder Bay Business is published monthly by:
NORTH SUPERIOR PUBLISHING INC.
tel: (807) 623-2348 fax: (807) 623-7515
email: nspinc@tbaytel.net

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Confederation College Graduates Recognized at Thunder Bay Convocation

More than 900 graduating students from Confederation College's Thunder Bay Campus crossed the stage recently at the 2023 Convocation Ceremonies, to signify and celebrate the completion of their academic programs. In all approximately 1800 students are graduating this academic year. The local graduates join the many students graduating from Confederation College regional campuses across northwestern Ontario.

President Kathleen Lynch presided over the ceremonies. "Convocation is an exciting time for everyone at Confederation College," Lynch says. "As we watch students cross the stage, we are all moved by their great accomplishment and proud of the hard work and commitment they have demonstrated to reach this important milestone. We wish our graduates continued success as they move forward into the next phase of their journey and remind them that Confederation College will always support them."

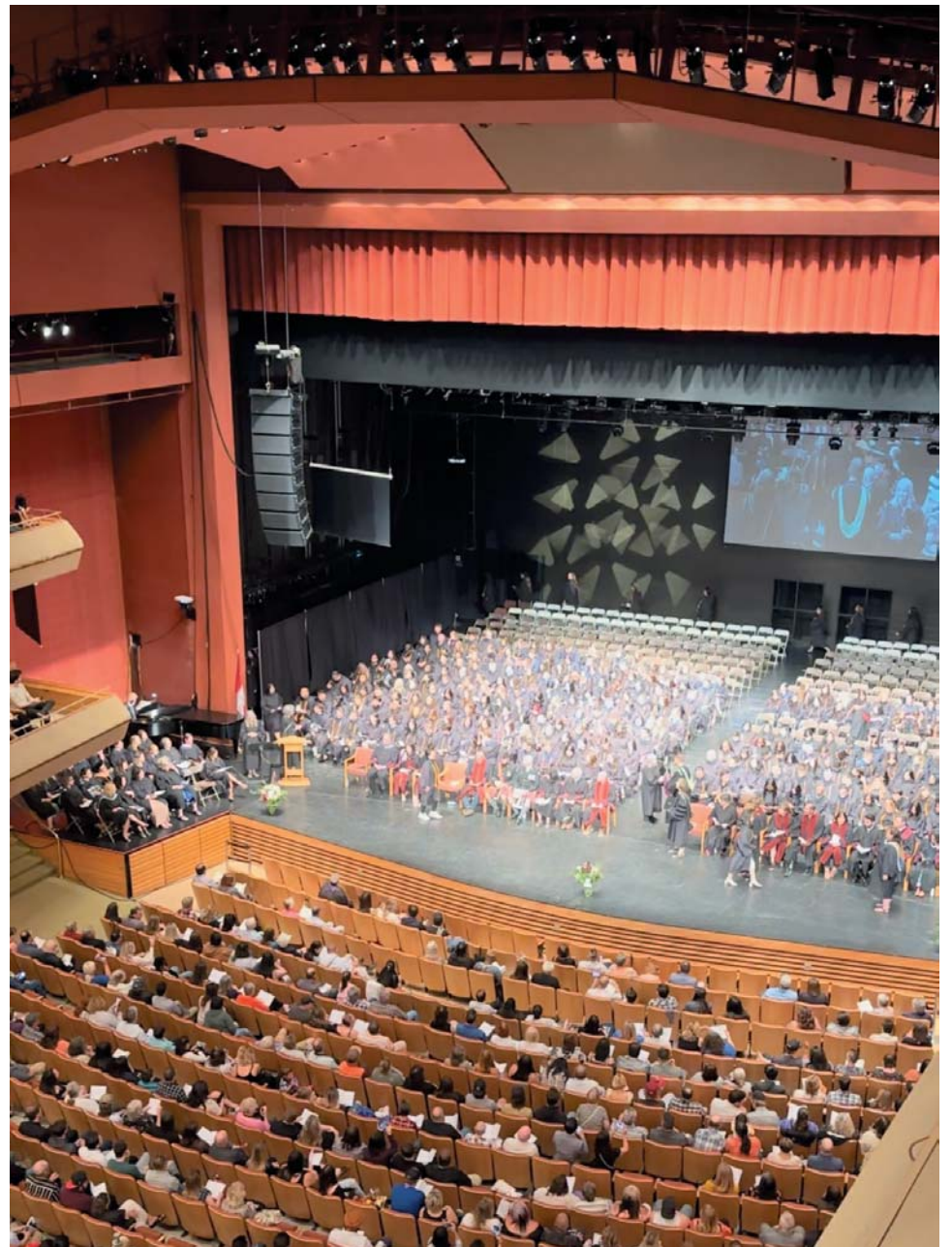
Following the presentation of certificates, diplomas, and advanced diplomas, several academic awards were handed out on behalf of the Board of Governors, President, and Student Union. The College also proudly announced that Jacqueline Ramage has been awarded the Governor General's Academic Medal for the 2023 Convocation. This award is one of the most prestigious awards that a student in a Canadian educational institution can receive. It is granted to the graduate who has achieved the highest academic standing across all diploma level programs.

Ramage, graduating from the Recreation Therapy program was selected as the recipient of this award, with a weighted average of 97.684%.

The graduation ceremony was attended by family, friends, faculty, and college staff. Confederation College's convocation ceremonies began recently at the Northshore Campus in Marathon, and concluded June 14 in Dryden. This year's regional convocation ceremonies took place in Marathon, Fort Frances, Kenora, and Dryden.

Confederation College has been serving the citizens of northwestern Ontario since 1967 meeting the educational needs of students in a catchment area of some 550,000 square kilometres. Along with its main campus in Thunder Bay, Confederation College has seven regional sites located in Dryden, Fort Frances, Greenstone, Kenora, Marathon, Sioux Lookout and Red Lake, as well as a growing Distance Education?division.

Confederation College delivers exceptional education and training to an average of 7,000 combined full- and part-time students per year and currently has a total of 600 full- and part-time employees. Confederation's regional economic impact and contribution is valued at \$707.3 million annually.



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July Feature - A special feature highlighting and recognizing women in business within our community.

PARO Centre for Women's Enterprise Supports Women in Business

It's a beautiful day at PARO Centre for Women's Enterprise! Our work is so rewarding in so many ways. Working with women, supporting them, and watching their success is the greatest of awards. However, sometimes others recognize what we do! At the inaugural Canadian Women's Entrepreneurs Awards Gala (CWE 2023), PARO was honoured to receive the Empower Women in Business Award. Sharing an evening with women leaders and entrepreneurs from across Canada including several from Thunder Bay, ON – this was a perfect place to announce our newest project – PARO Canada! PARO Canada will expand PARO's support services into several new provinces across the nation.



Rosalind Lockyer, Executive Director and CEO PARO

It is finally summer in Northern Ontario and for business owners, it's a time of new growth and planning for the year ahead! For women in business in Canada, opportunities abound to create strong, sustainable, and profitable enterprises that strengthen the fabric of the Canadian economy. For women in Northern Ontario this is especially true, as many existing, new and diverse supports continue to develop to help guide women entrepreneurs on their business development journey. Since 1995, PARO Centre for Women's Enterprise has supported enterprising women to start, grow and scale their businesses in Ontario through diverse and innovative ways of supporting each individual woman. At PARO, there is something for every enterprising woman; from one-on-one counselling supports, to webinars, BIZCamps, exciting events and Peer Lending Circles, PARO is a one-stop-shop for women in Ontario to be inspired, lifted, and empowered to achieve their dreams.

In recent years, PARO has developed several new tools to best support women in business across Ontario. Here are some highlights:

BIZGrowth - To support PARO women in expansion related ventures, PARO's BIZGrowth program is designed for women who own existing businesses and are looking to expand into new markets with a non-repayment portion (NRP) of up to \$5000.

WEOC National Loan Fund – This

loan fund provides loans up to \$50K for those whose applications meet the specific criteria for start-up or expansion.

BIZCamps - PARO offers a series of BIZCamps with targeted activities to achieve specific outcomes. To support in scale-up and growth ventures, PARO's Jetsetter BIZCamp is designed for enterprising women who have been in business for at least one year, with current sales of \$50K, who wish to scale their business and achieve sales of \$250K or more. At the next stage, PARO's Elevate BIZCamp is designed for women in business who wish to bring their sales from \$250K to over \$1M! Visit <https://paro.ca/bizcamps/> today to learn more about PARO's BIZCamps and discover your best fit!

Peer Lending Circles - Between PARO's organic support structure and connections to business counsellors to support clients at every stage of their business, peer support remains a vital foundation to success. Did you know that women who are supported by a circle of peers are seven times more likely to achieve success? PARO's Peer Lending Circles offer a variety of benefits for its members, including funding and networking opportunities, and the important benefits that come from gaining access to a group of like-minded women who can support you on your business journey.

If you have a business idea, want to grow your scale your business, or want to learn more about entrepreneurship can be your vehicle toward achieving your goals, reach out to PARO Centre

for Women's Enterprise by phone at 807-625-0328 or by email at info@paro.ca. For 28 years, PARO has supported women to achieve their business dreams!

PARO would like to extend an enthusiastic invite to the PARO Awards Gala 2023, to be held at the Delta Hotel on November 23rd, 2023! We hope to see you there! Save the date!



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“Health Care, Housing & Highways: An MPP’s Take on Northern Needs”

Submitted by Lise Vaugois, MPP
Thunder Bay - Superior North

It’s been just over a year since I was elected as the NDP MPP for Thunder Bay-Superior North with additional responsibilities as the Critic for Seniors and Injured Workers/WSIB. While there are many issues that I am working on, in NWO, three issues are top of mind: healthcare, housing, and highways.

Health Care: It is crucial that our health care system remain public so that every Ontarian, whether living in a NWO municipality or First Nations community, can access quality care without additional charges. In NWO we struggle to staff medical clinics. Bill 124 has made this problem worse by repressing wages and denying the right to collective bargaining. It has also particularly targeted people working in the female-dominated “caring” professions. The result has been a mass exodus of health care workers from the public system as they try to escape dystopian working conditions. We need policies, along with improved wages and working conditions, that will bring experienced health care workers back to the public sector. We also need more funded spaces at NOSM to address the extreme doctor shortage. The province has the financial resources, but it will take continuous public pressure to make sure resources are spent on the public health care Canadians have fought for.

Housing: Almost all communities in NWO are struggling to provide afford-

Highways: There are currently loop-holes allowing companies to self-regu-

news, Minodahmun Development Company is planning to build a rest stop for truckers in Greenstone – something long identified as needed for safer travel on Highway 11.

First Nations/ Mining and reconciliation: I want to celebrate the recent mining agreement made between Biitigong Nishnaabeg, the Town of Marathon, and Generation Mining. The opening up of this mine was never a foregone conclusion. It is the result of years of relationship building, includes strong environmental protections, land protected for traditional economies, a fully funded guarantee of post-mining remediation and has the support of all affected communities. If other interests follow a similar path, there is hope for reconciliation and, potentially, a good life for everyone.



Lise Vaugois, MPP Thunder Bay - Superior North

able housing and, in some cases, housing of any sort. When communities don’t have housing available, health care and education workers who want to move there have nowhere to live. To facilitate the building of affordable housing, or “middle-level” housing, the province needs to stop downloading costs onto municipalities and provide support for the building of affordable housing, including non-profit community-driven initiatives, co-operative housing, and non-profit seniors’ residences.

late the training of drivers. The result is poorly trained drivers, with limited experience pulling heavy loads, and no training in winter-driving. But don’t blame the drivers! Many are new to the country and are paying high fees for training they are not receiving. Ontario could immediately address these issues by clamping down on fraudulent practices, staffing inspection stations, and increasing the presence of the OPP on the highways. If trucks are taken off the road for violations, poorly run companies will be pushed to change their practices and improve safety for everyone. In good

Congratulations to

All The Women Entrepreneurs

in Thunder Bay and NW Ontario

From the Team at Thunder Bay Business

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LISE VAUGOIS
MPP THUNDER BAY—SUPERIOR NORTH
Critic for Seniors, WSIB & Injured Workers

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📞 807-345-3647
✉ lvaugois-co@ndp.on.ca



Congratulations to all the
WOMEN IN BUSINESS
in Thunder Bay - Atikokan!



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Thunder Bay Business - Women's Feature

Article by Hon. Patty Hajdu, Member of Parliament for Thunder Bay-Superior North

As the first female Member of Parliament for Thunder Bay Superior North, and a member of the federal cabinet of Justin Trudeau, I entered politics with a Prime Minister that was determined to ensure gender equality was the cornerstone of our work. Over the past eight years, I have seen tremendous progress on issues that affect women and benefit all of us, and I know that representation is a huge part of this shift.

When I was elected in 2015 and appointed to a cabinet with 50% women, a surprised reporter asked Justin Trudeau, our new Prime Minister why he did so. After a surprised moment of silence, he said, 'Because it's 2015.' and all of us laughed. But it was the answer heard around the world and it inspired similar actions by many global leaders. It often just takes one ally to change the dynamics of patriarchal systems and once they begin to move, so much is possible.

In my first term as Minister of Status of Women, I was able to change the internal and external workings of the government to ensure that federal policy and budget making considered more thoroughly the impact on women. I introduced pay equity legislation, which was passed. I supported the Prime Minister to ensure appointments to boards and tribunals and courts were better balanced. I helped launch the enquiry into Missing and Murdered Indigenous Women and led the development of a Gender Based Violence Strategy. Later in my roles as Employment and Labour, Health and Indigenous Services / FedNor Minister, I have always been able to find ways to ensure the voices, knowledge and needs of women are kept in the foreground.

The full and equal participation of

women in the economy is not just the right thing to do; it's also good for the bottom line. That's why for decades, many economists have pushed for a national Child Care program. And it took a feminist Prime Minister and female finance minister to get it done. Over the past two years, the federal Liberal gov-

ernment has signed agreements with all provinces and territories to fund and create affordable childcare spaces with a target of getting to \$10/day care across the country. Here in Ontario, the investment totals \$10.2 billion over 5 years to create \$10/day care by the end of 2025-26, and create an additional 86,000 spaces. And the economy is growing as a result. More women are in the labour market than ever before in our history. That means more employees, entrepreneurs and innovators

that have the time to contribute to their fullest, knowing their children are receiving quality care. Speaking of entrepreneurship, it's still too hard for women with a great idea to get the support that their male counterparts can access. It's why the federal Liberal

government launched the Women Entrepreneurship Strategy (WES), with \$7 billion in investments and commitments. WES aims to increase women-owned businesses' access to the financing, talent, networks and expertise they need to start up, scale up and access new markets. Only 18% of Canadian small, medium, and large-sized businesses are majority owned by women. When it comes to Indigenous businesses, 33% are owned

by women. Yet studies show that by advancing gender equality and women's participation in the economy, Canada could add up to \$150 billion in GDP. WES is a whole-of-government approach to helping women grow their businesses with a fair chance to succeed. Since 2018, the Government of Canada has been supporting Toronto Metropolitan University with multiple Budget investments totalling nearly \$14 million to establish the Women Entrepreneurship Knowledge Hub (WEKH). WEKH is a one-stop source of knowledge, data and best practices for women entrepreneurs.

WEKH brings together researchers, business support organizations and key stakeholders to create a more inclusive and supportive environment to grow women's entrepreneurship in Canada. Their website collects and analyzes data on women's entrepreneurship; shares best practices and knowledge among women business support organizations; and reports on the progress of women entrepreneurs in Canada. To learn more, visit www.wekh.ca.

Gender equality is not just the right thing to do, it's the smart thing to do to ensure that we tap into and fully use the brilliant talents and knowledge that women bring to the table. But this progress is constantly threatened by Conservative policies that include back door attacks on a woman's right to choose – the foundation of gender equality.

Equality doesn't happen by chance. It is the work of allies and advocates that continue to push on closed doors and insist on a seat – no scratch that – equal seats at the table. I thank the women that came before me, and the women in our community for their hard work and advocacy. We do it for everyone, but especially for our children and grandchildren so they might have healthier, fairer futures.



Hon. Patty Hajdu, Member of Parliament for Thunder Bay-Superior North

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Marcus Powlowski
MEMBER OF PARLIAMENT
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Red Sky Metis Nation Celebrate National Indigenous Peoples Day

BY SCOTT A. SUMNER
Thunder Bay BUSINESS

The Red Sky Metis Nation in Thunder Bay celebrated National Indigenous Peoples Day at Prince Arthurs Landing.

“ We are the 84 Half Breeds that were included in Robinson Superior Treaty, which is all the rivers that flow into Lake Superior from Batchewana Bay to the

Pigeon River Border. Our home land is water based. It is National Indigenous Peoples Day today representing all the Indigenous peoples in Canada,” said Donelda DeLaRonde, Executive Director of Red Sky Metis Nation in Thunder Bay. “ It is about time after finding residential schools. This day is to educate people that this area was once a Metis settlement and about what kind of games we play and the fur trade. It is a day for learning. Today we



Donelda DeLaRonde, Executive Director of Red Sky Metis Nation in Thunder Bay

have 150 students here from three local schools who are having fun with some games that teach about our culture. We have been doing this for the last six years.”

“ The Metis people are doing well, getting better. Education is very important. We want our history to stay alive. They say if you don’t know where you are from you don’t know where you are going. Our his-

tory is very important to us. We have to look after the land and the water environment. With all the activities going on in the Robinson Superior Treaty area, it is really important that we look at the accumulative effects of all the industries that are happening in all of our territories. Lake Superior is very important to us.” said Donelda.

Lakehead’s Dean of Engineering awarded 2023 Gold Medal by Engineers Canada

Professor Janusz Kozinski, Dean of Engineering at Lakehead University, has received the prestigious Gold Medal Award from Engineers Canada.

The Gold Medal Award, the highest distinction for professional engineers in Canada, recognizes the exceptional achievements of engineers who, through their work and service, have

improved the lives of Canadians and others across the world.

“I accepted the Gold Medal from Engineers Canada with immense pride and humility. Engineering education is a truly collaborative endeavour and I share this award with everyone, including here at Lakehead University, who has joined me on my journey,” Dr. Kozinski said.

“I wish to pay tribute to my professional colleagues, researchers and students who have supported me, inspired me and encouraged me throughout my career.”

Currently Dean of Engineering at Lakehead University, Dr. Kozinski is an internationally renowned higher education leader, researcher, and entrepreneur with almost three decades of experience in engineering education across the world.



Dr. Kozinski received the Gold Medal at the Engineers Canada Awards ceremony that took place in Halifax on Thursday, May 25.

“I congratulate Dr. Kozinski on this recognition from Engineers Canada,” said Dr. David Barnett, Lakehead University’s Provost and Vice-President (Academic).

“His contributions to engineering education have truly been transformative. I look forward to his continued leadership of the Faculty as we prepare the next generation of engineers to address engineering challenges in Canada and worldwide.”

Before joining Lakehead, Kozinski was previously Founding President of the New Model Institute for Technology & Engineering in the UK, Founding Dean of the Lassonde School of Engineering at York University, and Dean of the College of Engineering at the University of Saskatchewan.

Lakehead University is a fully comprehensive university with approximately 9,700 full-time equivalent students and over 2,000 faculty and staff at two campuses in Orillia and Thunder Bay, Ontario. Lakehead has nine faculties, including Business Administration, Education, Engineering, Graduate Studies, Health & Behavioural Sciences, Law, Natural Resources Management, Science & Environmental Studies, and Social Sciences & Humanities. Lakehead University’s achievements have been recognized nationally and internationally, including being ranked in the top half of Times Higher Education’s 2023 World Universities Rankings for the fourth consecutive year, and the number one university in the world with fewer than 10,000 students in THE’s 2022 Impact Rankings (which assesses institutions against the United Nations’ 17 Sustainable Development Goals). Visit www.lakeheadu.ca.

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April	March 27	March 31	April 4	Transport
May	April 24	April 28	May 2	Construction
June	May 22	May 26	June 1	Report On Thunder Bay
July	June 26	June 30	July 4	Manufacturing
August	July 24	July 28	Aug 3	Environment
September	August 28	August 31	September 2	Education
October	September 25	September 29	October 3	Aboriginal
November	October 23	October 27	November 2	Health/Remembrance Day
December	November 27	November 30	December 2	Technology/Christmas
January	December 19	December 22	January 4	Fitness

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Scott A. Sumner, Publisher and Editor
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Advertising Information
Sylvia Gomez, Marketing / Sales Manager - 807-629-7599
sylvia@northsuperiorpublishing.com

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2506-2260 Sleeping Giant Parkway, Thunder Bay, ON P7A 0E7 tel: (807) 623-2348 fax: (807) 623-7515 email: nspinc@tbaytel.net

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Ontario Helping Seniors Stay Healthy

BY SCOTT A. SUMNER
Thunder Bay BUSINESS

MPP Kevin Holland announced recently the Ontario government continues to

- Recreation Centre
- \$48,526 for the West Arthur Community Centre
- \$46,238 for the Rural 60 Plus
- \$42,700 for the Thunder Bay 55 Plus Centre

Community Grant projects across the province that help local groups and organizations empower seniors to be active and connected to family and friends in their community – from Tai Chi lessons, lawn bowling and other physical activities, to arts and music appreciation, to virtual speakers’ series, day trips, and so much more. “Seniors Community Grants are keeping our seniors fit, active, healthy and socially connected close to home, in their communities,” said Raymond Cho, Minister for Seniors and Accessibility. “Our government is proud to invest in these projects with local organizations to meet the needs of seniors, provide the supports seniors need and deserve that also help to battle social isolation.”

Community Grant. This will help empower seniors to stay active and be connected to family and friends in their community.” – Ken Boshcoff, Mayor for the city Thunder Bay

The Seniors Community Grants Program provides funding ranging from \$1,000 up to \$25,000 for local projects. Ontario’s Seniors are the province’s fastest growing demographic, and by 2046, the number of seniors aged 65 and over is projected to increase significantly from 2.7 million, since 2021 to 4.4 million.

June was Seniors Month a time to celebrate older adults across the province. This year’s theme is Working for Seniors.y, Active and Connected Four organizations in Thunder Bay receiving

“By the end of 2023 there will be 3 mil-



Raymond Cho, Minister for Seniors and Accessibility, Ontario

invest in its seniors more than ever before by funding Seniors Community Grants across the province, including providing almost \$190,000 in Thunder Bay and area. Seniors Community Grants help seniors stay safe, fit, active, healthy, socially connected, in their community and close to home.

“These investments make a big difference in the lives of Ontario’s older adults here in the Thunder Bay region,” said Kevin Holland, MPP for Thunder Bay – Atikokan. “Staying connected close to home and safely taking part in local life lets our seniors keep active with friends, family and the community.”

Recipients in Thunder Bay and area include:

- \$51,438 for the North McIntyre

This year, Ontario is investing up to \$6 million in more than 280 Seniors



Kevin Holland, MPP for Thunder Bay – Atikokan.

lion Ontarians over the age of 65, the province’s fastest growing demographic. It’s more important than ever to invest in seniors. We want to thank the Province of Ontario for investing \$190,000 in Thunder Bay as part of the Seniors

\$188,902, through Seniors Community Grant funding.

Kevin Holland, MPP

“It is really important to support our seniors to live a productive and engaged lifestyle through the activity centers which creates longevity for the seniors and a better community for everybody.” “Minister Cho is our 30th Ontario Minister visit to Thunder Bay in the last year, which helps them experience what we need here. We need to celebrate the good news items and opportunities here.” “We recognize what the seniors have done to build our community. It says thank you, we respect you and we want to provide you opportunities to be engaged. You can learn so much from seniors when you engage them.”

Lucy Kloosterhuis, Mayor Oliver Paipoonge

“These operating funds help us keep our centre open. When we see seniors come to the centre they are smiling and opening up. This country was built by seniors which makes it such a good place to live. In our case there are more seniors and our centre is getting a tad bit small. We hope to be able to expand if we can find the funds. MPP Holland and his government has been so helpful.”

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July 2023

Golf Fitting Today Will Help!

BY SCOTT A. SUMNER
Great Outdoors

It was in 1975 that I started golfing during my summer return to Manitowadge from attending Lakehead University. My



dad and another man had succeeded in getting the Manitowadge Golf Course up and running with 5 holes that summer, and the remaining 4 the next year. My goal that summer in 1975 was to shoot 25!

Golf equipment has certainly changed for the better since then when you had wooden drivers and pretty basic iron clubs. It was fun to get fitted recently at the Whitewater Golf Club by Tyler of Winnipeg from Callaway Golf.

We began hitting some shots with a 7 iron to give him an idea of my swing. He liked it and told me the philosophy today is to fit the club to your current swing. He tried different models of the Callaway irons with me. The lie angle was important and I hit the ball much better when the club was placed 2 degrees upright. Also graphite shafts were best for me as my swing speed isn't too high so the lighter club makes it easier to swing a little faster which can create distance. We also found that with me, even being 6'3 inches tall, I didn't need longer clubs!

We tried other clubs like 3 wood, driver and rescue clubs during the 1 hour session watching the ball flight and distance to make adjustments. Whitewater had just put brand new Callaway balls out on the range which was definitely a help to get a more normal distance as you would using your own balls on the course.

Today there has been a definite trend to using more rescue clubs in your bag to replace irons.

In my case the recommended bag was Driver, 3 and 5 Woods, 3,4, 5 Hybrid's, 6 to Sand Irons as well as putter and wedge. In the past I have had 2 irons and even a 1 iron although I never hit them that well. The hybrid clubs help you get height and distance over irons for some players.

The clubs of today have so much more technology including lighter metals used, such as carbon and tungsten. This allows

the weight to be placed in certain areas to improve ball flights. It also means the cost of clubs is much higher than in the past years. I think you could spend over \$800 for a driver, maybe \$5000 for a complete set of clubs. I read where the golf

equipment is a \$7 billion dollar market in North America today. Golf has changed significantly since my humble start in

1975 in the game, but still remains a fun past time for me!

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